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The effects of the cestode worm *Diphyllbothrium dendriticum* on *Cyclops* copepods,  
and sockeye smolt (*Oncorhynchus nerka*) predation rates on infected copepods

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14 **ABSTRACT**

15 Salmon are a species of ecologic and economic importance all over the world. Common prey  
16 items during their juvenile residence in lakes are zooplankton like *Cyclops* copepods and other  
17 zooplankton species. These zooplankton are common first intermediate hosts for helminth  
18 parasites, specifically cestode worms. One particularly widespread cestode that impacts many  
19 species of plankton and salmonids is *Diphyllbothrium dendriticum*. There have been studies on  
20 the altered behavior and physiology of the salmonids, but little is known about how the presence  
21 of *Diphyllbothrium* impacts the copepods. This study will determine whether infection by  
22 *Diphyllbothrium* will increase size, decrease speed, or increase rate of predation by juvenile  
23 sockeye salmon (*Oncorhynchus nerka*). Expected results will support these three hypotheses  
24 based on studies of similar subjects. Due to their reliance on eyesight for prey selection, juvenile  
25 sockeye salmon will prey selectively on larger, more nutritionally valuable copepods, so it would  
26 be beneficial to *Diphyllbothrium* to increase the size of its host. Decreased speed would also  
27 make infected copepods more easily caught by salmon. This study has applications in salmon  
28 fisheries, other natural populations, and in human health.

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33 Keywords: [*Diphyllbothrium dendriticum*, parasite-host interactions, sockeye salmon]

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## 35 INTRODUCTION

36           The ecologic and economic importance of salmon is undeniable, and anything that  
37 threatens their populations should be a major cause of concern. Economically, salmon are one of  
38 the most lucrative and valued commercial fishery in the world. Regions that heavily rely on  
39 salmon fisheries include Alaska, Norway, Japan, and countless others. Many salmon runs  
40 completely dominate local economies, provide thousands of jobs, and provide a huge protein  
41 source across the world. (Kendall and Quinn 2011; Hilborn et al. 2003). Salmon have a large  
42 impact in their environment because each life stage is an important prey source for other animals.  
43 Eggs and larvae in freshwater ecosystems provide food for other fishes, while adult salmon in the  
44 ocean support marine mammals and birds. It can be argued that salmon are a keystone species of  
45 their ecosystems (Hilborn et al. 2003).

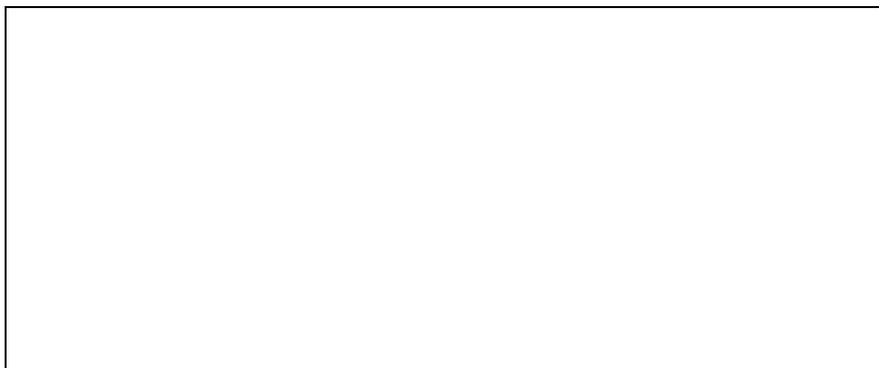
46           Salmon also serve as predators later in their life cycle. Juvenile and adult salmon are  
47 highly predatory fish, and a study by Taylor and Gerking (1980) demonstrated that a large aspect  
48 of their success relies on keen eyesight. Because salmon are highly visual predators, factors like  
49 size, color, and behavior are important factors in their prey selection (Taylor and Gerking 1980;  
50 Hansen et al. 2013). Common prey item as juveniles in lakes are zooplankton (particularly  
51 copepods) and adult insects (Richardson et al. 2016).

52           The aquatic habitats occupied by salmonids can function as an ideal place for parasites to  
53 thrive (Barber et al. 2000; Henricksen et al. 2014). The relatively stable and buffered nature of  
54 water (especially in lakes and streams) provide a perfect environment for parasitic eggs and  
55 larvae to develop, and easy movement allows for these parasites to disburse across wide ranges  
56 (Barber et al. 2000). These planktonic prey items are commonly infected with parasites, acting as  
57 first intermediate host for many species of helminth worms.

58 *Diphyllbothrium dendriticum* is a cestode worm (Phylum Helminthes) distributed  
59 throughout the Northern hemisphere (Figure 1) with a complex, multi-host life cycle (Sharp  
60 1990; Kuchta et al. 2013). This cestode begins its lifecycle as an egg in the feces of their  
61 definitive host—typically large piscivores including bears, wolves, and especially birds. The  
62 eggs are released through the feces of this host, and then hatch into fresh water (typically lakes)  
63 as free swimming coracidia. These coracidia then infect many species of freshwater copepods,  
64 their intermediate host. The proceroid infected copepods are then consumed by the second  
65 intermediate host, a wide range of fish species with a freshwater juvenile life stage (typically  
66 salmonid). In the fish, this life stage of the worm is called a plerocercoid, and once the fish is  
67 consumed by the predatory definitive host, the cestode’s life cycle is complete (Sharp 1990).

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71 **Figure 1.** The geographic range of *D. dendriticum* is shown in dark grey, with instances of  
72 human infection marked with black dots (Kuchta et al. 2013).

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74 While the specific effects on the health of salmon are still unknown, there is evidence of a  
75 cestode parasite impacting fish behavior in a study done by Godin and Sproul (1988) on  
76 sticklebacks. Sticklebacks infected with a similar cestode worm (*S. solidus*) had a greater need  
77 for food and died more quickly of starvation, moving quickly back to areas where predators were  
78 recently, resume swimming more quickly after being startled by predators, and were in general

79 more susceptible to predation (Godin and Sproul 1988). It is reasonable to assume there could  
80 be similar affects in salmonids, and potentially the first intermediate copepod hosts as well.

81

## 82 **MOTIVATION FOR RESEARCH**

83         Few studies have been conducted on whether there are any specific physical changes in  
84 copepods infected with *Diphyllbothrium dendriticum*, and there have also been no behavioral  
85 studies on copepods infected by this worm. Little is known also about the mechanisms of  
86 transmission from *Diphyllbothrium* in copepods to salmon, and so it could be helpful to  
87 determine whether the parasite changes the behavior or physiology of its host. There's also not  
88 much known about how this parasite impacts the health of salmon once successfully transmitted.  
89 A study by Rahkonen et al. (1996) found *Diphyllbothrium* to result in high mortality in sea and  
90 brown trout by causing their hearts to rupture and become infected. This mortality was found to  
91 be made more frequent and likely by increased temperatures, so as climate change progress, the  
92 rate of mortality in infected salmon could increase. Economically vital salmon fisheries could be  
93 negatively impacted by increased predation on infected prey items, potentially leading to a  
94 higher rate of infection. Interestingly, this worm has also been found infecting humans who  
95 consumed raw or undercooked salmon (Kuchta et al. 2013). These cases have occurred in the  
96 typical northern range of the parasite but have also spread to areas like Chile and Brazil by  
97 transport of or contact with fish from infected areas (Cabello 2007). The more we know about  
98 how this worm is transmitted and the rate of infection in salmon and other frequently consumed  
99 fishes, the better we can understand how to contain and recognize infection.

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101

## 102 RESEARCH QUESTIONS

103 This study will attempt to answer the following questions:

- 104 1. Does infection by *D. dendriticum* lead to any observable differences in size between  
105 infected and uninfected copepods?
- 106 2. Are infected copepods slower than uninfected copepods?
- 107 3. Are infected copepods more susceptible to predation by sockeye smolts?

108

## 109 RESEARCH HYPOTHESES

- 110 1. Infected copepods will be larger in size than uninfected copepods.
- 111 2. Infected copepods will be slower than uninfected copepods.
- 112 3. Salmon will select infected copepods over uninfected copepods.

113

## 114 METHODS/EXPERIMENTAL DESIGN

### 115 *Sample collection*

116 To collect the *D. dendriticum* eggs, herring gull (*L. argentatus*) fecal samples will be  
117 collected from three lakes in Snohomish County, Washington; Goodwin, Shoecraft, and Silver  
118 lakes (Becker and Brunson 1967) where *Diphyllbothrium* is prevalent. Additionally at these  
119 lakes, a beach seine will be used to capture juvenile sockeye salmon (*Oncorhynchus nerka*). To  
120 test the feces for the presence of eggs, a fecal float will be conducted, using the Sheather's sugar  
121 flotation methods described in Dryden et al. 2005. This involves mixing the gull feces with a  
122 floatation solution (saturated salt solution) and letting it stand until any eggs float to the surface.  
123 To separate the eggs from any fecal matter, the samples will be pushed through a series of  
124 progressively smaller sieves (10-200 meshes/inch) until only the eggs remain (Meyer 1967).

125 Live copepods (*Cyclops strenuus*) will be purchased from a fish food supplier (AlgaeBarn),  
126 and to ensure the copepods don't have any previously existing infections (by *Diphyllobothrium*  
127 or another parasite), a subsample will be taken from the purchased copepods to undergo genetic  
128 testing. This genetic testing will involve a QPCR to get the DNA sequence of the copepod and  
129 quantify the presence or absence of parasites in the copepods (Melo et al. 2015).

130 The eggs will then be left in a tank at 18-20°C for 14 days to mature and hatch into free  
131 swimming coracidia (Wright and Curtis 2000). The coracidia, which infect the copepods through  
132 contact and absorption, will be put in the same Petri dish as the purchased *Cyclops* copepods  
133 (n=500) for 2 hours. After this time, exposure will be ended by putting the Petri dish contents  
134 through a sieve (212 µm mesh), and the presumably infected *Cyclops* will be placed into tanks  
135 for 14 days and fed twice daily with bacteria (Sharp 1990). The remaining uninfected *Cyclops*  
136 will represent the control group of uninfected copepods.

#### 137 ***Measuring length of infected copepods***

138 To find length measurements for the copepods, ImagePro software will be used. This  
139 software uses a camera that is connected to a dissecting scope, and groups of copepods will be  
140 photographed and measured using the software's precise measuring tool. Size will be measured  
141 using the length of the longest part of the copepod body, not including their antennae. Averages  
142 will be taken of the copepods infected with *Diphyllobothrium* and the control (uninfected)  
143 copepods.

#### 144 ***Measuring speed of infected copepods***

145 To compare the speed of infected and uninfected copepods, the copepods will be placed  
146 under a dissecting scope in a petri dish with gridlines (mm<sup>2</sup>). Individual copepods will be  
147 followed for 10 seconds, and the squares they move through in 10 seconds will be counted. This

148 provides a mm/sec measurement, which can be used to determine the speed of infected and  
149 uninfected copepods.

### 150 *Salmon copepod prey selection*

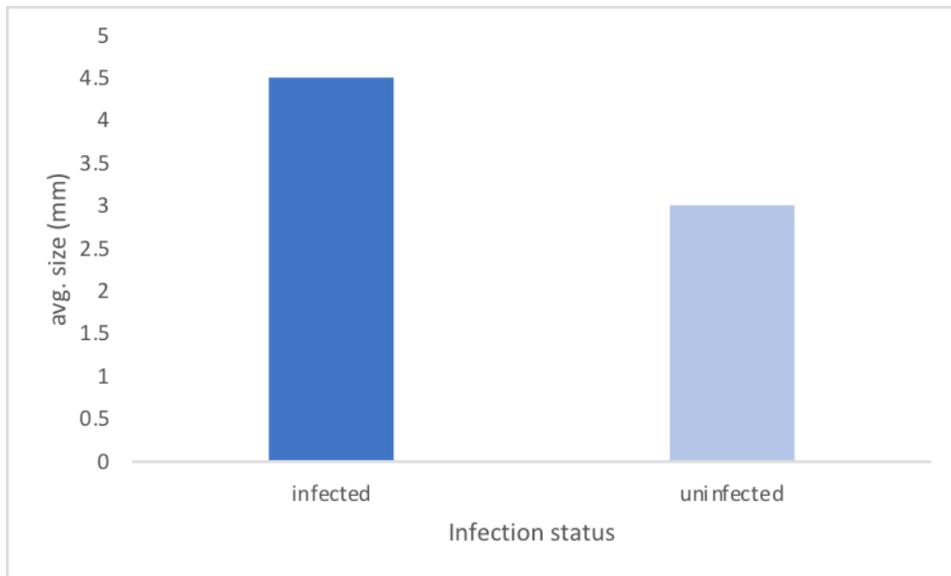
151 To determine whether copepods infected with *Diphyllobothrium* are eaten more  
152 frequently than uninfected copepods, a juvenile sockeye salmon smolt will be placed in a large  
153 circular tank with a closed system with equal proportions of infected (n=500) and uninfected  
154 copepods (n=500). After 5 hours, remove the smolt and count the remaining number of infected  
155 and uninfected copepods to determine any preference between uninfected and infected copepods.

156

### 157 **ANTICIPATED RESULTS**

158 The expected results of the size experiment are a higher average size (mm) in *Cyclops*  
159 infected with *Diphyllobothrium* than uninfected *Cyclops* (Figure 2). This increased size is  
160 expected because a study by Taylor and Gerking (1980) found a salmonid (*Salmo gairdneri*) to  
161 feed preferentially on *Daphnia pulex* that were larger in size. Because salmonids are such highly  
162 visual predators that are size-biased feeders, it makes sense that *Diphyllobothrium* procercoids  
163 would increase the size of their *Cyclops* host to increase their chances of being consumed by  
164 their second intermediate hosts.

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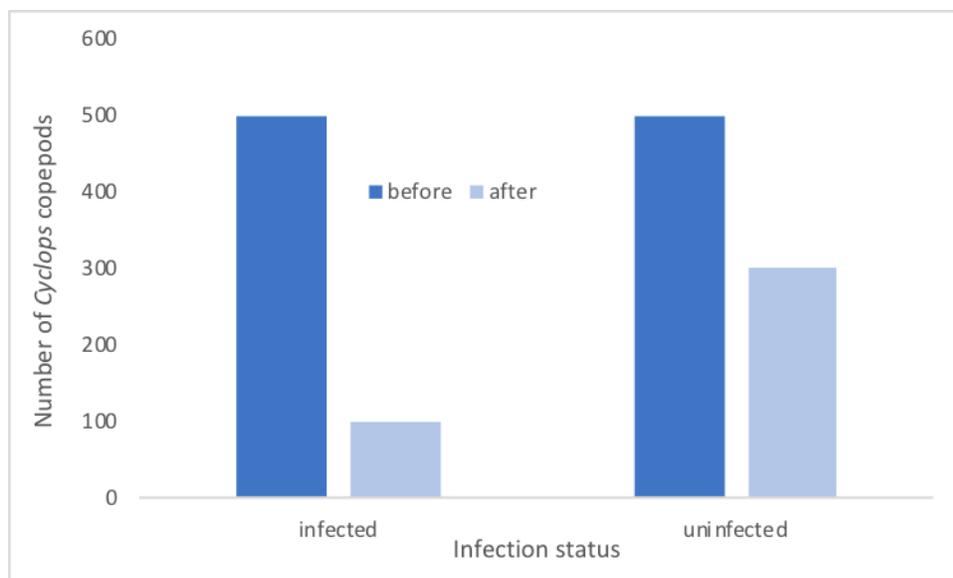
166  
 167 **Figure 2.** The anticipated difference in average size between *Cyclops* infected with  
 168 *Diphyllobothrium* and uninfected *Cyclops* (sizes of copepods were estimated from study by  
 169 Coker 1933).

170  
 171 It is expected that the average speed of infected *Cyclops* would be slower on average than  
 172 uninfected *Cyclops* (Table 1). This result is expected because a study by Bethel (1972) found  
 173 several species of cestode larvae to significantly alter the behavior of their amphipod hosts to  
 174 move with decreased speed away from their predators or other disturbances.

175  
 176 **Table 1.** The anticipated results for the experiment comparing the speeds of infected and  
 177 uninfected *Cyclops* (Data approximated from study by Kerfoot 1978).

<b>Infection status</b>	<b>Average speed (mm/sec<sup>-1</sup>)</b>
<b>uninfected</b>	1.8
<b>infected</b>	1.3

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179

180 **Figure 3.** The anticipated difference in predation on *Cyclops* infected with *Diphyllobothrium* and  
 181 uninfected *Cyclops* by juvenile sockeye salmon.

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183 Infected *Cyclops* were expected to be eaten more frequently than uninfected *Cyclops*,  
 184 because the expected physiological and behavioral changes in infected copepods should lead to  
 185 increased predation (Figure 3). There are few studies exploring selective predation on copepods  
 186 infected with cestode procercoids, but if the other results of the study hold true, it would make  
 187 sense for juvenile sockeye (*Oncorhynchus nerka*) would feed preferentially on slow and large  
 188 copepods.

189

## 190 DISCUSSION

191 The anticipated and potentially negative differences in speed size, and rate of predation  
 192 all benefit *Diphyllobothrium*. By altering the behavior of the copepod, this worm increases its  
 193 rate of transmission to its second intermediate host, juvenile sockeye salmon. Other studies have  
 194 found *Diphyllobothrium* to impact the behavior of its host copepod by lowering respiration rate  
 195 and impairing escape responses (Pasternak et al. 1995). The findings of Pasternak et al. (1995)

196 reinforce the assumed results of this study and demonstrate the ability of *Diphyllbothrium* to  
197 modify at least some behavioral aspects of copepods.

198         One interesting thing to consider is whether the net cost to salmon of increased parasite  
199 transmission is negative. While infection by *Dipyllobothrium* can be negative for salmon smolts,  
200 making infected copepods easier to catch indirectly increases the amount of food available to  
201 them. *Diphyllbothrium* and similar parasitic worms have also been found directly influencing  
202 the behavior of the salmonid second intermediate host (Ferguson et al. 2012). *Eubothrium*  
203 *salvelini*, another cestode, was found to impair swimming abilities, growth, rate of survival,  
204 ability to adapt to saltwater, and impairing orientation of smolts headed to sea (Ferguson et al.  
205 2012; Boyce 1979; Garnick and Margolis 1990). Whether these negative modifications outweigh  
206 the positive potential benefit of increased food supply could be an interesting topic for further  
207 study.

208         An important application of this study is *Diphyllbothrium* as an emerging human health  
209 concern. There are 14 documented species of *Diphyllbothrium* found to cause  
210 diphyllbothriosis, with *D. latum* and *D. dendriticum* being the main infectious agents. Infection  
211 can occur by consuming improperly cooked or raw salmon, and while the infection isn't life-  
212 threatening, symptoms can be uncomfortable if allowed to persist (Kuchta et al. 2013). While  
213 infections are more common in temperate and arctic regions in the Northern hemisphere, there are  
214 multiple cases in SE Asia and South America (Kuchta et al. 2013; Wiwanitkit 2016). The spread  
215 of infected salmonids from its geographical range is easy due to transport of frozen salmon  
216 across the world, and human travel (Kuchta et al. 2013).

217         This study is novel, interesting, and important because of its relevance to human health  
218 and the fishing industry. Learning more about how *Diphyllbothrium* is transmitted between its

219 hosts can help contain and prevent further spread of the disease to new regions. Understanding  
220 the mechanisms of transport and more about the physiological changes caused by cestodes can  
221 improve our understanding of potential damages to salmon fisheries, fish farms, and many other  
222 salmonid populations.

223

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